

# diacare



(ENGLISH)

## Installation Instruction Card **CareSens**

### Step 1 - What you will need

To begin, you need your blood glucose meter starter kit, your smartphone and the welcome email containing your username and password.



### Step 2 - Download the app

You can download the Mediq DiaCare app from the **App Store** or **Google Play Store**.



### Step 3 - Username and password

Enter your **username** and **password**. This information is provided in your welcome email.



### Step 4 - Choose your PIN code

To ensure the security of the app, you will be asked to select a **five-digit PIN code** you will use to log in to DiaCare.



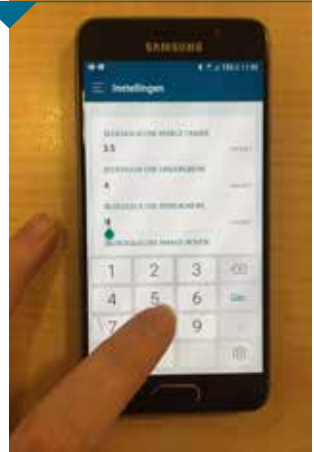
## Step 5 - Connect the meter to the app

The app will give you instructions on how to **connect the meter**.



## Step 6 - Configure your target values

- **Open the DiaCare app** and **enter your PIN code**
- Go to the settings menu and alter target values if desired. For example:
  - Blood glucose margin under 3.5
  - Blood glucose lower limit 4.0
  - Blood glucose upper limit 7.0
  - Blood glucose margin above 7.4
- Click on **OK** and confirm your selection by clicking on **'ga door'**



## Step 7 - Retrieve measurements

If you have carried out a measurement, then after removing the test strip you can swipe down from the middle of the screen, after which the measurement will be displayed in the app.



## Step 7b - Send measurements to the app

Press and hold down the right arrow on your blood glucose meter for 3 seconds until 'bT SEnd' appears on the screen. Now swipe down from the middle of the screen in the app. Measurements that have not yet been synchronised will be displayed in the app.





**DiaCare team**

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